

Carolyn Zaumeyer

ARE YOU HORMONE CURIOUS? MEET THE EXPERT WHO'S CHANGING THE CONVERSATION



Carolyn Zaumeyer, MSN, APRN, is a respected Nurse Practitioner, author, and leading expert in hormone therapy. With over two decades of clinical experience, Carolyn has dedicated her career to helping men and women regain their vitality, energy, and emotional wellbeing through personalized, science-backed hormone treatments.

Her book, *Are You Hormone Curious?*, empowers readers to understand their bodies and navigate hormone therapy confidently. Carolyn's mission is driven by compassion, firsthand experience with traditional medicine's shortcomings, and a commitment to holistic, patient-focused care. Carolyn founded LowTE Florida, a renowned hormone therapy practice dedicated to transformative wellness and lasting vitality for men and women.



ABOUT THE BOOK

Are You Hormone Curious? by Carolyn Zaumeyer offers clear, science-based insights into hormone therapy, demystifying hormone health for both men and women. With relatable stories and practical guidance drawn from Carolyn's decades of clinical experience, the book helps readers confidently reclaim their vitality and wellbeing. Available in ebook, softcover, hardcover, and audiobook formats, *Are You Hormone Curious?* ensures accessible support for everyone exploring hormone optimization.

CORE VALUES

- Holistic Care
- Empowerment
- Innovation
- Excellence
- Patient Focused
- Science Backed

SERVICES OFFERED

- Hormone Optimization
- Pellet Therapy
- Thyroid Management
- BHRT for Men and Women
- Weight Loss
- Menopause Support

SPEAKING TOPICS

- ✓ Understanding Hormone Health
- ✓ Real Truth About Aging Hormones
- ✓ Menopause and Andropause explained
- ✓ Testosterone Truths for Everyone
- ✓ Libido Isn't Just Aging
- ✓ Daily Signs of Hormone Imbalance
- ✓ Reclaiming Your Energy Naturally
- ✓ Hormone Balance, Better Relationships



Please feel free to reach out for booking inquiries or for any questions.

CONTACT

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